

## **Geshe Thubten Sherab**

Geshe Thubten Sherab was born in 1967 in a small village in the province of Manang, the western part of Nepal, to a Kagyu-Nyingma family. He entered Kopan Monastery at the age of nine and completed his geshe studies at Sera Je monastery in South India, followed by a year at Gyumed Tantric College. He then completed retreat and teaching assignments both in the U.S. and Asia. He served as Headmaster of Kopan Monastery's school for four years, overseeing debate training and tantric training activities.

Geshe Sherab understands and connects very well with Western students, presenting the Dharma in an accessible, warm, and open manner. Geshe-la is fully committed to the FPMT vision.